

Paying it Forward for Christmas

Christmas carols, holiday cheer and gift giving won't be the only things to put a smile on people's faces this Christmas season.

In a time where the daily news is flooded with negative stories highlighting the very worst of humanity, it is imperative to take and moment to recognize that even the simplest act of kindness can spark joy in the hearts of those around us.

Karen Mertes, a survivor herself and creator of "PLAINTIFF 101" knows what it is like to feel like you have nothing left and has started her own **Non Profit Company**, "Fulfill Your Own Destiny", to establish resources for people in need. Paying it forward is a great way to lend a helping hand.

****To schedule an interview, please respond to this e-mail message or contact Don Bischoff at (813) 792-2181. Or reply to this pitch to don@mediaproductions.tv**

100% of All Proceeds from PLAINTIFF 101 are Donated to the Non-Profit Organization, Fulfill your Destiny!

Karen Mertes can answer the following questions:

- * How does Fulfill your Destiny help those with no resources get ahead?
- * What kind of help does your nonprofit offer?
- * How did Paying it Forward become a National Phenomenon?
- * How does one start a nonprofit organization?
- * What is your story? How did your life take a detour?

About Karen Mertes: Auto injury survivor, professional speaker, author, and consultant, donating 100% of revenues to her Tampa 501(c) (3) non-profit Fulfill Your Destiny helping people whose careers have been altered by injury or other unforeseen circumstances.

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